

Grief Resources for You



NAMI - 1-800-950-NAMI (6264) or info@nami.org

Mental Health America- 1-800-273-TALK (8255),
text MHA to 741741

SAMHSA's National Helpline - referral and
information - 1-800-662-HELP (4357)

National Suicide Hotline - 1-800-273-8255

SAMHSA's Disaster Distress Helpline - 1-800-
985-5990 or text TalkWithUs to 66746

IFHC Resources

Facebook:

<https://www.ifhcgf.org/>

Website:

<https://m.facebook.com/indianfamilyhealthclinicgreatfalls/>

Phone: 406-268-1510